

# VALUES WORKSHEET

*"Your beliefs become your thoughts,  
Your thoughts become your words,  
Your words become your actions,  
Your actions become your habits,  
Your habits become your values,  
Your values become your destiny."*

- Mahatma Gandhi

Authenticity	Expression	Influence	Recognition
Achievement	Fairness	Integrity	Relationships
Adventure	Faith	Joy	Respect
Balance	Family	Justice	Resilience
Beauty	Friendship	Kindness	Responsibility
Boldness	Freedom	Knowledge	Security
Compassion	Fun	Leadership	Service
Challenge	Gratitude	Learning	Spirituality
Community	Greatness	Love	Stability
Competency	Growth	Loyalty	Success
Contribution	Happiness	Openness	Status
Creativity	Harmony	Optimism	Trust
Curiosity	Health	Peace	Vitality
Determination	Honesty	Pleasure	Wealth
Excellence	Humor	Quality	Wisdom

# MY CORE VALUES

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WHAT THIS VALUE MEANS TO ME

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